

PRESS RELEASE



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City of Garden City Awarded GMA Life & Health Insurance Fund's Health Wellness Grant

[ATLANTA, GEORGIA] – We are excited to announce that the City of Garden City has been awarded one of the *2024 Health Wellness Grants* by the Georgia Municipal Association (GMA). The grant supports Garden City's commitment to facilitating positive change in the workplace culture and going the extra mile for employees' health wellness.

GMA is honored to collaborate with the City of Garden City at every step of the health wellness journey. Awards are made statewide to Participating Employers enrolled in one or more medical plans through the GMEBS (Georgia Municipal Employees Benefit Services) Life and Health Insurance Fund.

The Health Wellness Program at GMA helps members embrace a variety of skills, mindsets, and cultures to encourage utmost wellbeing through workplace health wellness initiatives. These initiatives have a demonstrated track record of improving employee wellbeing and quality of life, while enhancing workplace morale, reducing medical claims, and maximizing cost impact.

The City of Garden City has designated a Health Wellness Champion to coordinate/oversee the program and work in partnership with GMA to facilitate the planning of targeted activities. Yolanda Irizarry has expounded on ways Garden City would benefit from implementing workplace health wellness initiatives and has said, "Improving the physical and mental health of our employees is conducive to a successful workplace environment".

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